

# RIKS - Reflection in communication and collaboration

## Simulation based learning activities to strengthen quality and competence in clinical supervision

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### Introduction

There is a shortage of nurse anaesthetists in Norway and an increasing number of students require more competent clinical supervisors.

The aim of the project was to strengthen quality and competence in clinical supervision for nurse anaesthetists at St. Olavs hospital, Trondheim University Hospital. The target group was nurse anaesthetists entering the role as clinical supervisors.

**Implementation** - The project period (2019-2022) consists of 3 runs. 37 nurse anaesthetists and 35 specialist nursing students did participate.



Introductory course, 2 days

1.simulation

2.simulation

3.simulation

Evaluation CIPP

### Findings

We found that RIKS helped both clinical supervisors and students to define their roles.

The clinical supervisors expanded their views on supervising.

- They described assessing their students from a broader perspective.
- They revised their understanding of own professionalism by including supervising competence as a greater part of nurse anaesthetist's professionalism.



### Conclusion

RIKS expanded the area of simulation-based learning activities (SBLA) to clinical supervision. Theory and clinical experience are aligned in SBLA. Through training, reflection and learning, clinical supervisors in the anaesthetic department discovered more aspects of the nurse anaesthetist's professionalism.